# PARRY SOUND MONTESSORI

Daily Routine & Schedule

Our daily routine is thoughtfully designed to foster independence, concentration, and balanced development through structured Montessori work cycles, outdoor play, and peaceful rest times.

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| **8:00 – 9:00** | **Arrival (Outdoors)** | Morning greeting, outdoor exploration, and fresh air social time. |
| **9:00 – 9:15** | **Group Time** | Morning gathering, calendar discussion, and community building. |
| **9:15 – 11:45** | **Morning Work Cycle (Snack)** | Uninterrupted Montessori self-directed learning and individual work lessons, with open snack available. |
| **11:45 – 12:30** | **Lunch** | Community mealtime emphasizing grace, courtesy, and self-help skills. |
| **12:30 – 2:30** | **Rest / Quiet Time** | Rest and quiet decompression for children to recharge. |
| **2:30 – 3:30** | **Afternoon Work Cycle (Snack)** | Focused individual work, group extension activities, and afternoon snack. |
| **3:30 – 4:00** | **Dismissal (Outdoors)** | Outdoor free play and afternoon pick-up. |

**Note:** Outdoor times are subject to weather conditions. Healthy snacks are integrated seamlessly into the morning and afternoon work cycles.